RasTafari VIBES



Empress Menen Asfaw Keeper of the Covenant

When Governments Break Covenant with its Citizens

Empress Menen National Human Rights Institute

September 2025

HIM Haile Selassie I

Haile Selassie I, King of Kings, Lords or Lords, Conquering Lion from the Tribe of Judah, was the grandson of the Queen of Sheba—Makeda—the ruling monarch of the ancient Ethiopian Empire.

Long before patriarchal reigns, Sheba was governed by women—wise, sovereign, divine. That lineage shifted only when Ras Makonnen's son, Tafari Makonnen—later crowned Haile Selassie I—ascended the throne, uniting the Solomonic and Sheban bloodlines.

The Queen of Sheba, revered across time and traditions, famously journeyed across great distances to meet King Solomon—wisest man of his age and direct descendant of King David, a man after JAH's own heart. From this divine union came a royal bloodline that still lives through I&I—the Rastafari nation.



HIS IMPERIAL MAJESTY HAILE SELASSIE I
Kings of Kings, Lords or Lords, Conquering Lion of the Tribe of Judah & Elect of God

Haile Selassie I MetaVersity

Welcome to Ras Tafari Vibes

These are oral histories etched in digital stone—richly reported, vividly written, and spiritually grounded. Whether we're exploring politics, culture, the arts, or sacred travel, we write with the craft of the griot and the courage of the prophet. We are not here to regurgitate yesterday's headlines or chase trending hashtags.

RasTafari Vibes offers timeless, artfully constructed narratives—infused with color, character, and consequence. Every piece is based on deep research, lived experience, and divine alignment. And every story will weave interactive media and digital storytelling to awaken the eye, the ear, and the soul. In the tradition of the scribes and seers, we write for readers and non-readers alike. For thinkers, overcomers, warriors, and dreamers.

For the children of the Most High.

Welcome to H.I.M. Haile Selassie I's Church in the digital realm.
Welcome to the frontline of a new journalism.
Welcome to RasTafari Vibes.
~Empress Zaria



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What I Learned from Reading the Biography of Empress Menen

A Letter to My Christian Brothers and Sisters:

When I first opened The Biography of Empress Menen, I did not expect to be moved to tears. Like many Christians, I had long heard that Haile Selassie was regarded by Rastafari as "God incarnate," and, truth be told, I found that claim difficult—perhaps even blasphemous. But page by page, the story of the Emperor and his Empress began to soften my skepticism. I discovered that God often hides the sacred in the simple, the divine in the daily, the eternal in the earthly. Through their lives, I saw how the Almighty can step into human form not to demand worship, but to demonstrate how to live—with humility, honor, and unwavering covenant.

What moved me most was learning that the young Ras Tafari Makonnen—soon to be crowned Haile Selassie I, King of Kings, Lord of Lords, Conquering Lion of the Tribe of Judah—did something unheard of in royal protocol:

He broke rank and married a woman who had been twice divorced and already a mother of four.

To the world, this was scandal. To me, it was revelation. Here was a man raised in the strictest royal and religious tradition, choosing love over law, mercy over image. He not only married her; he coronated her beside him—Empress Menen Asfaw—bestowing on her the same crown, the same authority, the same divine recognition.

It was as though God Himself was reminding us that covenant is greater than convention, and that true kingship is measured not by control, but by companionship.

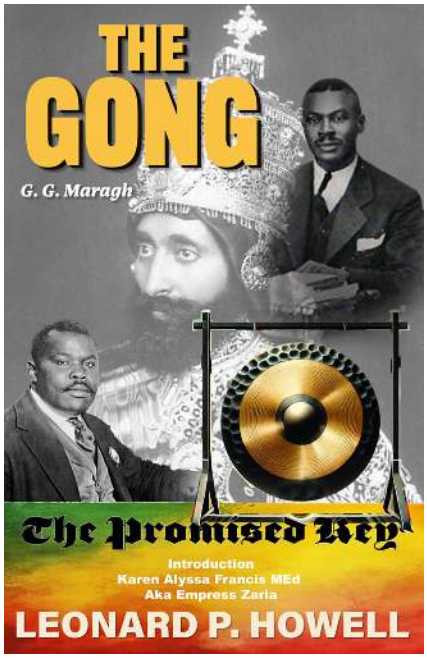
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When the government breaks covenant with its people.



Leonard Howell

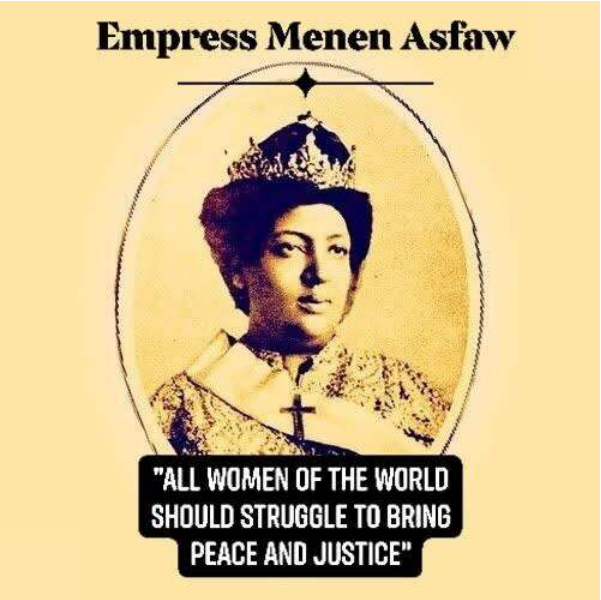
When Leonard Percival Howell, the first Rastaman, proclaimed Haile Selassie I as the Living God, he was ridiculed, beaten, and locked away in Bellevue Hospital — labeled insane by the same legal system that later honored colonial monarchs and foreign laws. But Howell's "madness" was insight. He saw what empire feared — that divine justice could not be contained within the British Crown or colonial lawbooks. He built a community, Pinnacle, based on African unity, equality, and self-reliance — later crushed by the government."



Marcus Mosiah Garvey

Marcus Mosiah Garvey declared that no man is above the law. For daring to demand accountability from those in power, Garvey was charged with sedition — imprisoned not for violence, but for courage. He warned that when judges, lawyers, and police officers break the law, it corrupts the soul of the nation. Garvey saw what many refused to: that the colonial spirit survives wherever truth is punished and justice is postponed. Garvey's imprisonment marked the beginning of Jamaica's moral decline — a fall from divine governance to political theater.

In Jamaica today that divine covenant is still being broken. Ask Mr. Lancelott Watson, a disabled elder and human rights defender whose life became a testimony of what happens when those sworn to uphold the law become its violators. READ ON>>>



Empress Menen Asfaw, The Covenant of Kings

Long before the birth of kingdoms and constitutions, there was a covenant — a divine agreement between the Creator and His people. That covenant was sealed in the time of King Solomon, the Wise, whose reign in Jerusalem represented the perfect harmony between spiritual law and temporal governance. When the Queen of Sheba journeyed from the mountains of Ethiopia to witness his wisdom, she came not for gold or alliance, but to behold how justice was administered. Their meeting was not only historic; it was prophetic.

From their sacred union came Menelik I, the son who would return to Ethiopia carrying the Ark of the Covenant — the very symbol of divine law, justice, and truth.

In him, the covenant between Heaven and Earth was preserved — passed down through the ages to their royal descendants: Emperor Haile Selassie I and Empress Menen Asfaw.

The Sacred Union of Empress Menen and Haile Selassie

When Empress Menen Asfaw stood beside Haile Selassie I, their union was more than marriage — it was prophecy fulfilled. She embodied the Queen of Sheba reborn: grace balanced by discipline, compassion tempered with courage. He embodied Solomon renewed: wisdom sharpened by divine duty.



Together, they restored the throne of David and Solomon — a living continuation of the covenant that once held the Ark itself. Their lives reminded humanity that rulership is not about domination, but devotion — a sacred responsibility to uphold the law of righteousness in the service of the people. Their union taught that every relationship — between man and woman, ruler and subject, nation and citizen — is bound by one principle: keep your covenant.

When Words Become Weapons

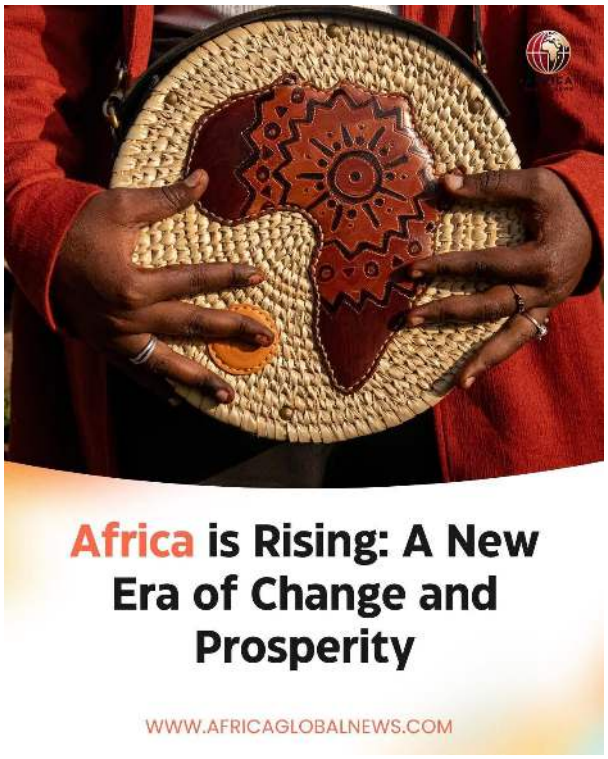
In ancient times, to break a covenant was to invite chaos. Today, nations write their own covenants — constitutions, laws, and charters meant to protect their citizens. Yet, when governments betray those words — when they weaponize justice or abandon truth — they do worse than break promises; they break the foundation of their own legitimacy. For when the government breaks its word to its citizens, it mirrors the rebellion of those who once defied divine law. It tears the moral fabric of the nation, unleashing confusion, corruption, and suffering.



We see this truth echoing through history — from Marcus Garvey's wrongful imprisonment, to Leonard Howell's persecution, to Lancelott Watson's decade-long struggle for justice in the very courts meant to defend him. Each betrayal of truth brings a nation closer to ruin, not because of the crime itself, but because of the loss of covenantal trust.

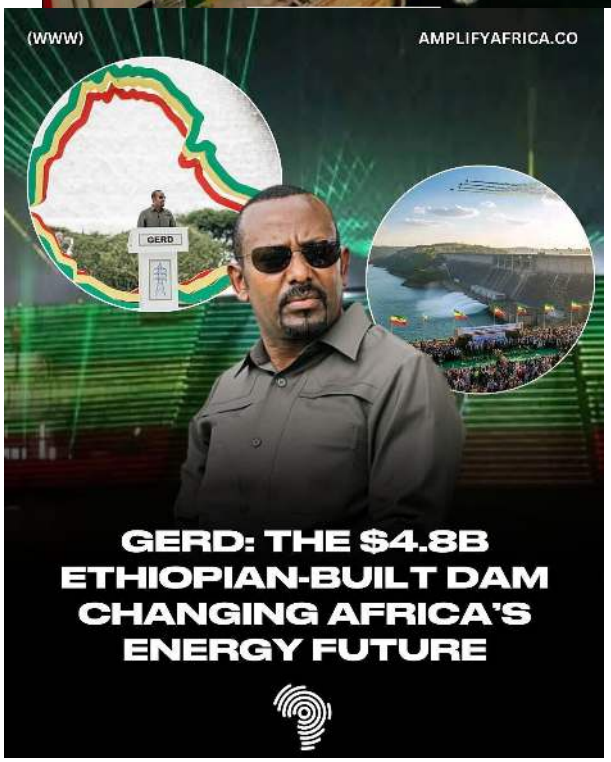
The Power of a Kept Word

A promise kept is a bridge to the Divine. A promise broken is a crack in the soul. Click to Continue ...



Ethiopia made history







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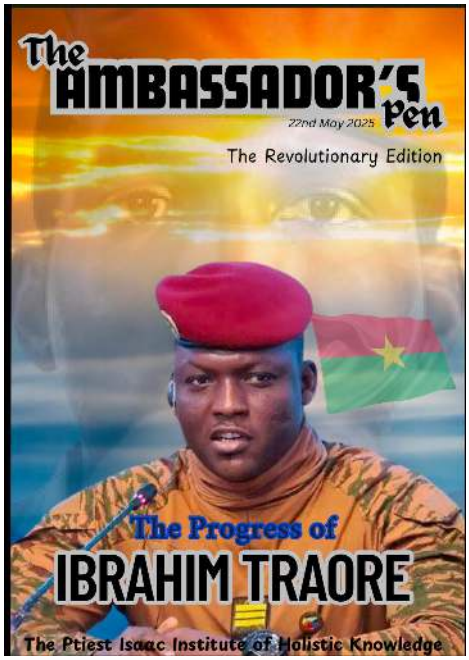




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Trench Town Re-Imagined
Reggae Month 2026
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Trench Town- The Birthplace of Reggae Music
Babylon is not a distant myth. It is the system we live in — a covenant broken between state and citizen, between power and people, between ruler and the ruled. Babylon is when constitutions promise dignity but police deliver brutality.
It is when "justice for all" is printed on paper, yet courts lock out the poor.
It is when musicians are censored because they expose the lies hiding behind official speeches. To chant down Babylon is not merely protest — it is to call state and system to account under a higher standard: divine covenant, human dignity, and spiritual justice.

Reggae: The Sound That Speaks

When Courts Are Silent In Jamaica, when the courts refused access to justice for the poor, the people turned to word, sound, and power. In Trench Town's small yards, children learned that a guitar, a drum, and a conscious lyric could become a courtroom.

Reggae is the voice of the oppressed, the arising of testimony where laws fail. It is not entertainment; it is evidence. When authorities banned songs, monitored performers, and suppressed concerts — not because of obscenity — but because those songs revealed open violations of covenant — that is when we see the true birth of reggae as spiritual resistance.



Covenants Broken
The Case of the Jamaica Government's Broken Covenants

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This Ezine is a living archive of the history, the spirituality, the culture, and the untold contributions of the Ras Tafari people and broader indigenous communities.

Here you'll find:

📰 News & updates from Rastafari and indigenous nations
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🗣️ Voices of elders, warriors, and womben in the movement
🛍️ AU, EWF, Mansion spotlights, businesses, and conscious advertisements
🔥 What does it mean to be a Rastaman—then and now

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The Global Voice of the Rastafari, Ethiopian World Federation & African Union 6th Region Diaspora

📌 OVERVIEW

RasTafari Vibes is a Pan-African e-publication amplifying the voices, visions, and values of the global Rastafari movement, EWF members, and African Union Diaspora communities.

We provide timely, culturally relevant content focused on liberation education, regenerative culture, history, youth development, arts, business, spirituality, and global solidarity. Published by: Haile Selassie I MetaVersity Editor-in-Chief: Empress Zaria (Karen Francis-Winston) Launch Year: [Insert year] Frequency: Monthly / Bi-Monthly Format: Digital (PDF + interactive web version)

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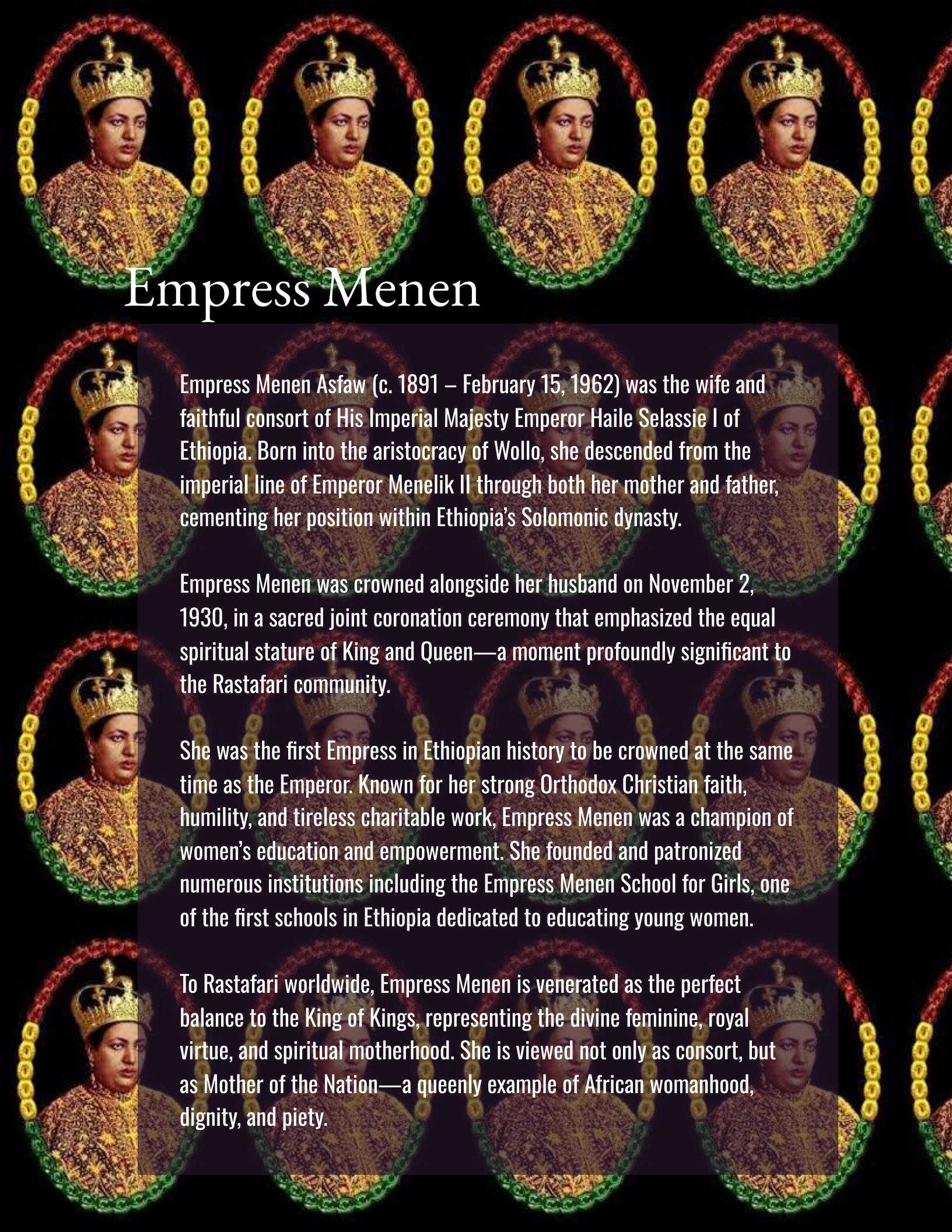
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“The liberation of the African mind starts with the control of African media.” — Adapted from Walter Rodney



Empress Menen

Empress Menen Asfaw (c. 1891 – February 15, 1962) was the wife and faithful consort of His Imperial Majesty Emperor Haile Selassie I of Ethiopia. Born into the aristocracy of Wollo, she descended from the imperial line of Emperor Menelik II through both her mother and father, cementing her position within Ethiopia's Solomonic dynasty.

Empress Menen was crowned alongside her husband on November 2, 1930, in a sacred joint coronation ceremony that emphasized the equal spiritual stature of King and Queen—a moment profoundly significant to the Rastafari community.

She was the first Empress in Ethiopian history to be crowned at the same time as the Emperor. Known for her strong Orthodox Christian faith, humility, and tireless charitable work, Empress Menen was a champion of women's education and empowerment. She founded and patronized numerous institutions including the Empress Menen School for Girls, one of the first schools in Ethiopia dedicated to educating young women.

To Rastafari worldwide, Empress Menen is venerated as the perfect balance to the King of Kings, representing the divine feminine, royal virtue, and spiritual motherhood. She is viewed not only as consort, but as Mother of the Nation—a queenly example of African womanhood, dignity, and piety.