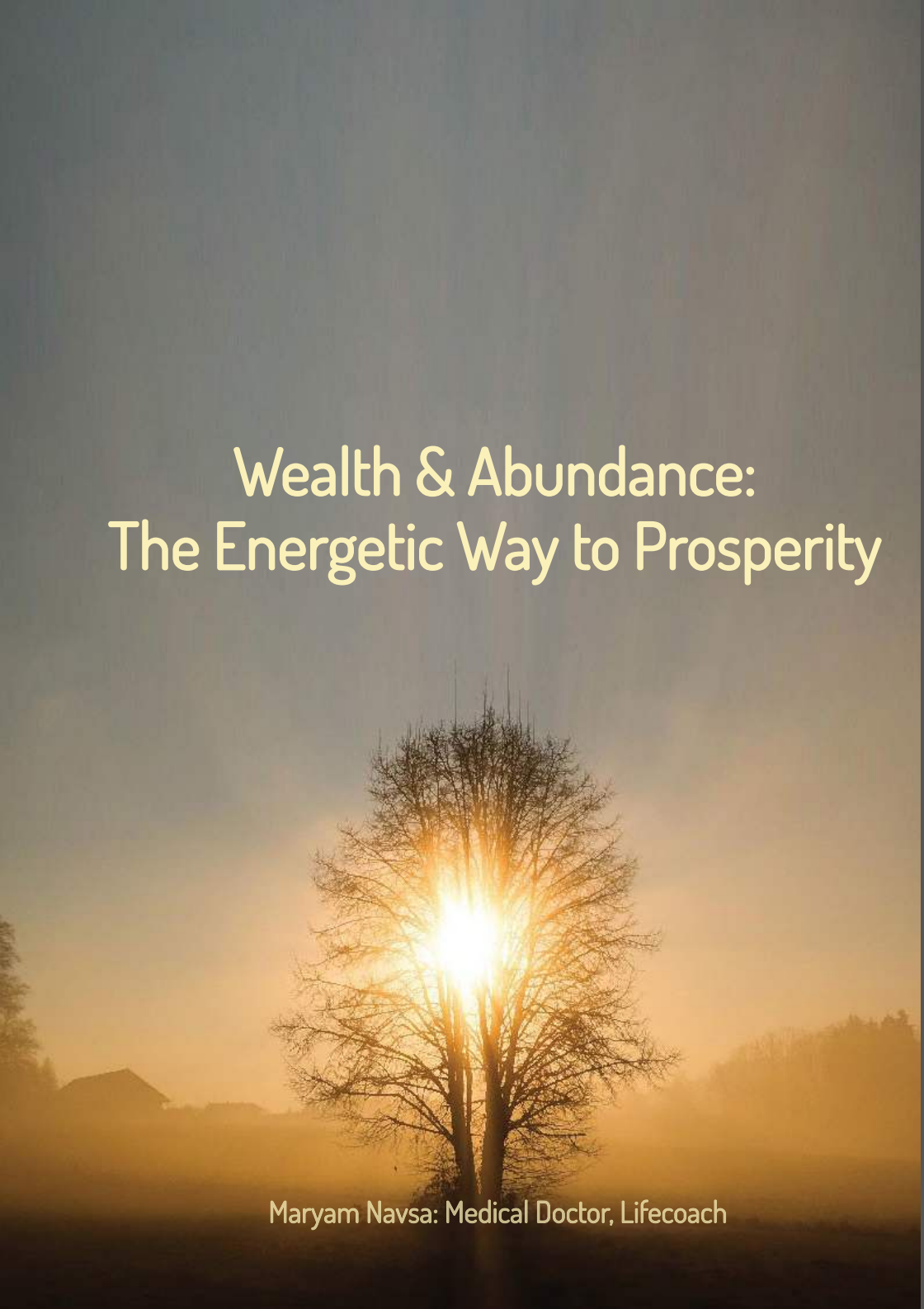


Wealth & Abundance: The Energetic Way to Prosperity



Maryam Navsa: Medical Doctor, Lifecoach

A practical and spiritual guide to unlocking soul-aligned prosperity using the Natural Laws of the Universe.

By: Maryam Navsa, Medical Doctor, Certified Life Coach & Mastermind Creator

My Story – From Striving to Receiving

I was born into a family where happiness felt like a rare visitor. My parents carried the weight of their own wounds, and as a child, I internalised their pain. I grew up with resentment, emotional turmoil, and a longing for something more.

Even after becoming a medical doctor, I felt unfulfilled. I gave my all to my work and my patients, but I was driven by guilt, perfectionism, and a false belief that I had to earn worthiness through sacrifice. I struggled financially and emotionally, and I was disconnected from joy.

That was until I discovered the Natural Laws of the Universe—especially the Law of Attraction. As I aligned my inner world, my outer world transformed. I released guilt, healed relationships, and began attracting abundance—not by chasing it, but by becoming it.

The Truth about Abundance

Abundance is not something you chase.

It is something you tune into. A frequency. A feeling. A natural state of being that arises when you are aligned with your true self and the flow of the Universe.

We've been taught to chase success, wealth, and happiness. But real, soul-aligned prosperity doesn't come from striving. It comes from allowing.

When you change how you feel, think, believe, and show up—you become magnetic. That's the true power of energetic alignment.

Universal Laws about Abundance

1. The Law of Divine Oneness.

Everything is interconnected. Every thought, word, belief, and action affects the collective whole.

Abundance Insight: Begin with the inner world. Believe that your abundance benefits the collective and that you are worthy of receiving.

Practice: Each morning, affirm: "As I prosper, others prosper with me."

2 . The Law of Attraction.

You attract what you are. Not what you want. If you vibrate scarcity, you attract scarcity. If you vibrate peace and trust, you attract abundance.

Like attracts like; your dominant frequency draws in similar circumstances.

Abundance Insight: What you focus on expands. Wanting is not enough; embody what you seek.

Practice: Create a “prosperity vision board” and meditate on it for 5 minutes daily

3. The Law of Vibration.

Everything is energy. Thoughts, emotions, and beliefs emit a frequency. When your frequency matches abundance, it naturally flows to you.

Everything vibrates, including your thoughts and feelings. Wealth is high frequency.

Abundance Insight: To attract prosperity, you must become the vibration of abundance.

Practice: Feel gratitude as if you've already received what you desire.

4. The Law of Cause and Effect

Every action creates a result. Give generously and authentically, and abundance flows back.

Abundance Insight: You are the source. To receive more, be the cause of more wealth and value in others' lives.

Practice: Commit to giving value daily — a compliment, a referral, a helping hand.

5. The Law of Allowing

Stop resisting and allow abundance in. Trust the process and release control.

Abundance Insight: Holding on too tightly repels abundance. Letting go opens the channel.

Practice: Repeat: "I release all resistance and allow prosperity to flow freely to me."

6. The Law of Perpetual Transmutation of Energy.

High frequencies transform lower ones. You can shift lack into wealth by raising your vibration.

Abundance Insight: Your focus, joy, and mindset can transmute fear into faith and lack into overflow.

Practice: Spend time in creative expression — dance, journal, or speak about your financial dreams.

7. The Law of Giving and Receiving

They are two sides of the same coin. Giving opens you to receive more.

Abundance Insight: If you block one, you block both. Learn to give and receive with love.

Practice: Reflect daily: “Where did I give today? Where did I receive?”

Practical Shifts to Step Into Abundance Now

- **Rewrite Your Money Story:** What did you learn about money growing up? Please write it down. Then write the truth: Money is a tool. It is energy. It is neutral until we assign it meaning.
- **Raise Your Vibration:** Start your day with gratitude. Dance. Breathe. 2 Meditate. Do anything that raises your emotional state and brings you into joy.
- **Give With Joy:** Give your time, your gifts, your love—not out of duty, fear or guilt but out of overflow. This opens the receiving channels.

- **Visualise and Feel Abundance Daily:** Close your eyes and feel as if what you desire is already yours. How would you move, breathe, and speak?
- **Heal Childhood Scarcity Wounds:** Use mirror work or journaling to speak to your inner child. Let them know they are safe, worthy, and fully supported.

Abundance Blocks (And How to Clear Them)

Block 1: I'm not worthy of abundance. Shift it: I am inherently worthy. My abundance blesses others.

Block 2: Guilt around having more. Shift it: I can do more good for others when I allow myself to receive.

Block 3: Fear of judgment or losing it all. Shift it: I am safe. What is mine by divine right cannot be taken.

Block 4: Scarcity from childhood conditioning. Shift it: My past is not my prison. I choose a new energetic blueprint.

Page 6: Daily Alignment Ritual – 5 Minutes to Magnetic Abundance

Breathe deeply – 1 minute of presence

Affirm: “Abundance flows to and through me. I am open and ready.”

Visualise one scene of your abundant life

Journal 2 sentences of gratitude

Bless your day and others with love

This daily ritual rewires your vibration and opens the path of least resistance.

You are not here to struggle. You are here to expand and thrive. Align with these laws, take inspired action, and allow abundance to find you. Your prosperity is not only possible, it's natural.

What's Next – Your Abundance Awakening Begins

You've just scratched the surface of what's possible when you live in alignment with Universal Laws. Imagine what would happen if you lived by these laws daily, surrounded by others doing the same...

Join Unchained: Living Your Greatness through the Laws of the Universe — a powerful mastermind where you'll break through limitations, raise your vibration, and finally claim the abundance, joy, and purpose that are already yours.

Click here to join the movement and live Unchained!

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You are already enough. You are already abundant. Now, let's align your energy with the truth of who you are.

Take the Universal Laws Alignment Quiz (if not already done) to discover which law is shaping your life right now and where your growth lies.

https://docs.google.com/forms/d/e/1FAIpQLSc81CE7x_gCoG7mZ5GI9CxG_oXw5MSukagBSd5d9YT3TNawnA/viewform?usp=header

Join the Mastermind to go deeper into these laws and shift your inner blueprint for wealth, joy, and soul-led success.

Wealth and Abundance. The Energetic Way to Prosperity

Discover a transformative journey into the realm of soul-aligned prosperity with "Wealth and Abundance. The Energetic Way To Prosperity." Maryam Navsa, a medical doctor, life coach, reveals how to unlock your true potential by harnessing the Natural Laws of the Universe. Shift from striving to receiving by aligning your energy with abundance and embracing your inherent worthiness, allowing prosperity to flow effortlessly into your life.