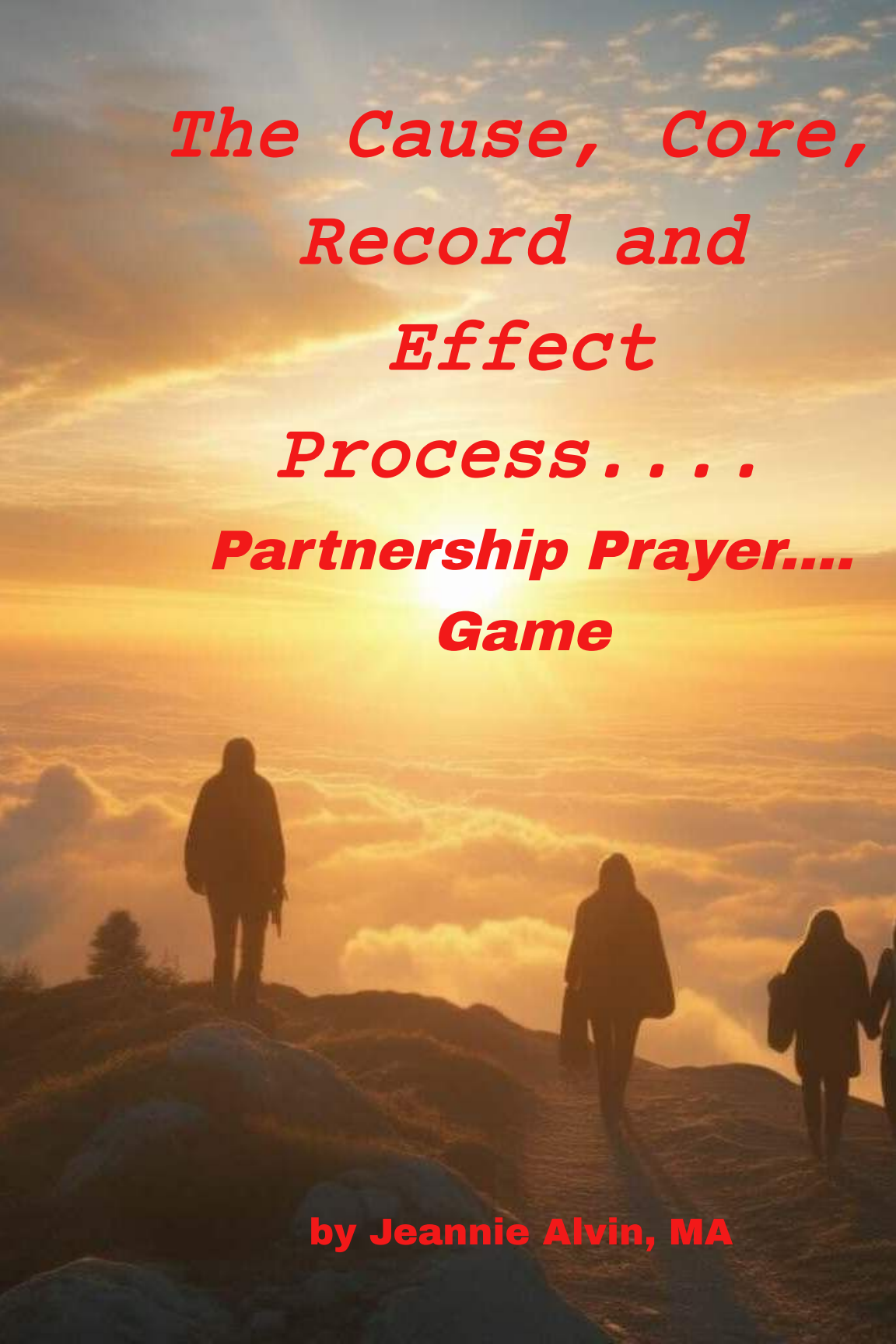


The Cause, Core, Record and Effect Process....

Partnership Prayer.... Game

by Jeannie Alvin, MA

The Cause, Core, Record and Effect Process.... Partnership Prayer.... Game

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This process is so simple, I often call it a game. For those who use prayers, this partnership prayer process is similar; use the term as you would to pray, such as Jesus or God or Allah.

For the scientifically minded who don't pray, you could use a term that fits for you. You know you have more than your conscious mind, so you might use the term Greater Mind or Greater Self, or Universal Intelligence, or Cosmic Consciousness, or The Force.

Then, notice in the area of your heart, then sincerely speak the rest of the process, partnership prayer, or game, if you prefer calling it a game.

You will name each process, a wonderful shortcut. I suggest naming it something simple or neutral or positive. For example, to heal lung trouble, you might call it “breathing freely,” to heal an upset with another person, you could use that person’s name.

Once you name it, you do not need to ever repeat the upper portion. You simply use your term “Dear Greater Self, or Dear God, let’s do our “X” process / play our “X” game, putting in the name you chose. Your part is to notice the physical sensations in your body, that is all. Many troubles clear this way.

I shared this discovery that our troubles can clear away by noticing our physical sensations, and that we can call them forth, in my book 'Awaken to Life! Better Than You Ever Dreamed!'

I also share it in the book 'Our Sacred Origins ... We ARE the Children of God.'

People have said that it is the most powerful process they have ever found! I always include it in my prayers!

The next day, or a year later, you only need to say, “Dear Greater Self, or Dear God, let’s play our “X” game, or let’s do our “X” prayer and that Greater Self, or God, will have remembered the whole process.

For a miraculous healing process, you can begin at any time by creating one of these processes or “games” for yourself for anything you want healed. I suggest playing the game daily for that condition until it is totally healed. You can create and play more than one game at a time. People find this process very, very powerful on its own.

The Process:

Dear _(God, Greater Self, or your term)__ , please heal the cause, core, record and effect of __any negativity or condition__ (say as little or as much as you wish as you describe the problem) from my subconscious, my unconscious, and my conscious minds, from all my bodies and chakras, from this life and all lives, including parallel lives, everything known and unknown, all vows, decisions and beliefs, illumine me from all denials, heal the cellular memories of all negativity and pain from all points of entry. Heal all people, all dimensions, times and spaces.

Please bring back all soul fragments, remove negative cords, clear chakra links, curses, spells, miasms, and negative thought forms, and please let me feel the related sensations in my physical body.

Please forgive me and all others for everything related to this. I forgive myself and all others for everything related to this. I am naming this our _____ game.

Now, _(God, Greater Self, or your term)_ , let's do/play our _(the name you gave)_ process/game (all day long). Now notice your sensations.

Blessings on your sacred path!!!

